

ABSTRACT

Transculturally transformed ideas and practices associated with Asian religions and spirituality, such as yoga, Ayurveda, mindfulness or the martial arts, have gained tremendous popularity in highly industrialized societies in recent decades. These ideas and practices can be understood as transcultural confluences in which allegedly Asian notions of conditioning mind and body merge with allegedly Western trends like the "therapeutic culture". The concepts and benefits of these practices are disseminated and advertised primarily through print media, TV, and the Internet. This summer school will focus on this "medialization", which has decisively influenced the form, content, and circulation of these practices.

Further, the conceptions and exercises in question revolve around body postures, movements and physiological devices as means to influence, transform, heal or optimize both body and mind. The summer school's lectures and workshops will discuss the means of "reentering" the body while also reintroducing theories of embodiment and experience. Above all, the summer school aims to afford an opportunity for the critical appraisal of these highly successful connections between pastimes, therapies and religious aspiration.

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DFG Deutsche
Forschungsgemeinschaft

**MANFRED
LAUTENSCHLÄGER
STIFTUNG**

REGISTRATION

Registration fees for students of the Department of Religious Studies, Heidelberg will be covered by the Department. Fees for students of the University of Heidelberg: 80€. Fees for students of other universities: 150€ (including supporting programme). The number of participants is limited.

Registration Deadline: July 15.

CONTACT

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For questions concerning the programme or registration modalities please visit:

http://www.religionswissenschaft.uni-heidelberg.de/summerschool_medializations or contact Dmitry Okropiridze: okropiridze@stud.uni-heidelberg.de

VENUE

Karl Jaspers Centre
Voßstraße 2,
Room 212
69115 Heidelberg

 **SFB 619**
Ritualdynamik

 IRW - Institut für
Religionswissenschaft

SUMMER SCHOOL

MEDIALIZATIONS OF ASIAN RELIGIONS

Reentering the Body
in Yoga, Ayurveda,
Mindfulness and
Other Practices

August 27 - 31




RUPRECHT-KARLS-
UNIVERSITÄT
HEIDELBERG



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PROGRAMME

Monday, 27/08/2012

18.00 – **Keynote Lecture 1**
20.00 Mark Singleton,
St. John's College, Santa Fe
Respondent: N.N.

Tuesday, 28/08/2012

10.00 – **Workshop on Yoga**
12.00 Mark Singleton

14.00 – **Lecture on Mindfulness**
16.00 Jeff Wilson,
Renison University College,
Waterloo
Respondent: N.N.

16.30 – **Workshop on Mindfulness**
18.00 Jeff Wilson

Wednesday, 29/08/2012

10.00 – **Lecture on Ayurveda**
12.00 Ananda Samir Chopra,
Heidelberg University
Respondent: N.N.

14.00 – **Workshop on Ayurveda**
16.00 Ananda Samir Chopra

16.30 – **Lecture on Martial Arts**
18.00 Sven Wortmann,
Ruhr-Universität Bochum;
Respondent: Michael Bergunder,
Heidelberg University

Thursday, 30/08/2012

10.00 – **Workshop on Martial Arts**
12.00 Sven Wortmann

14.00 – **Keynote Lecture II**
16.00 Tulasi Srinivas,
Emerson College, Boston
Respondent: Inken Prohl, Heidelberg
University

16.30 – **Preparation of short presentations of**
18.00 **students' results**

Friday, 31/08/2012

10:00 – **Discussion, student's presentation and**
13:00 **concluding remarks**